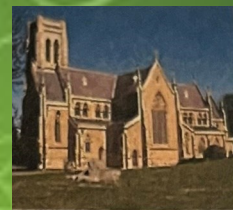




The Cathedral Church of St Saviour's, Goulburn

Mother Church for  
the Anglican Diocese of Canberra & Goulburn



9th of July Sixth Sunday after Pentecost

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**8am and 10am Preacher: Bishop John Stead**

**8am and 10am Celebrant: Canon Anne Wentzel**

### Readings

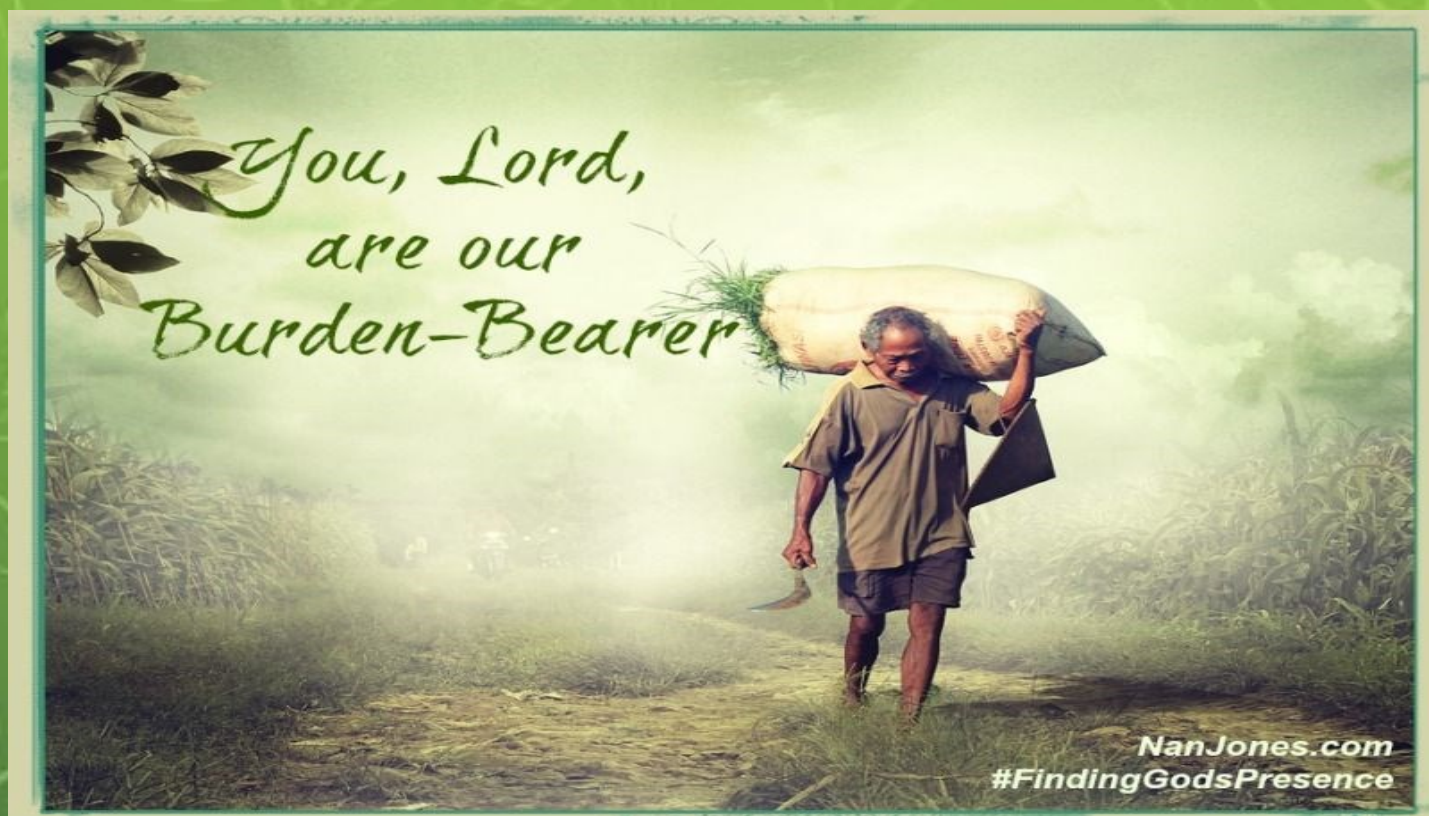
Genesis 24. 34-38,42-49,58-67

Psalm :45.10-17

Romans 7.14-25

Matthew 11. 15-19,25-30

We acknowledge the Traditional Owners as the custodians of this land, recognising their connection to land, waters and community. We pay our respects to Australia's First Peoples, and to their Elders, past present and emerging.



### WEEKDAY EUCHARISTS

Monday & Thursday 9.30am  
in the Lady Chapel



## Introit Hymn

ALL creatures of our God and King,  
lift up your voice and with us sing,  
Alleluia, alleluia!

Thou burning sun with golden beam,  
thou silver moon with softer gleam:  
*O praise him, O praise him,*  
*Alleluia, alleluia, alleluia!*

2 Thou rushing wind that art so strong,  
ye clouds that sail in heaven along,  
*O praise him, alleluia!*  
Thou rising morn, in praise rejoice;  
ye lights of evening, find a voice:

3 Thou flowing water, pure and clear,  
make music for thy Lord to hear,  
Alleluia, alleluia!  
Thou fire, so masterful and bright,  
that givest us both warmth and light:

7 Let all things their creator bless,  
and worship him in humbleness;  
*O praise him, alleluia!*  
Praise, praise the Father, praise the Son,  
and praise the Spirit, Three in One:

WILLIAM HENRY DRAPER \* 1855-1933  
based on ST FRANCIS OF ASSISI 1182-1226



## Sentence

' Come to me ,all you that are weary and are carrying heavy burdens, and I will give you rest ', says the Lord.  
'Take my yoke upon you, and learn from me ; for I am gentle and humble in heart' .

## Collect

Oh God ,you have prepared for those who love you  
such good things as pass our understanding:  
pour into our hearts such love for you,  
that, loving you above all things,  
we may obtain your promises  
which exceed all that we can desire ;  
through Jesus Christ our Lord. Amen

## Genesis 24. 34-38,42-49,58-67

So he said, 'I am Abraham's servant. The LORD has greatly blessed my master, and he has become wealthy; he has given him flocks and herds, silver and gold, male and female slaves, camels and donkeys. And Sarah my master's wife bore a son to my master when she was old; and he has given him all that he has. My master made me swear, saying, "You shall not take a wife for my son from the daughters of the Canaanites, in whose land I live; but you shall go to my father's house, to my kindred, and get a wife for my son."

'I came today to the spring, and said, "O LORD, the God of my master Abraham, if now you will only make successful the way I am going! I am standing here by the spring of water; let the young woman who comes out to draw, to whom I shall say, 'Please give me a little water from your jar to drink,' and who will say to me, 'Drink, and I will draw for your camels also'—let her be the woman whom the LORD has appointed for my master's son."

'Before I had finished speaking in my heart, there was Rebekah coming out with her water-jar on her shoulder; and she went down to the spring, and drew. I said to her, "Please let me drink." She quickly let down her jar from her shoulder, and said, "Drink, and I will also water your camels." So I drank, and she also watered the camels. Then I asked her, "Whose daughter are you?" She said, "The daughter of Bethuel, Nahor's son, whom Milcah bore to him." So I put the ring on her nose, and the bracelets on her arms. Then I bowed my head and worshipped the LORD, and blessed the LORD, the God of my master Abraham, who had led me by the right way to obtain the daughter of my master's kinsman for his son. Now then, if you will deal loyally and truly with my master, tell me; and if not, tell me, so that I may turn either to the right hand or to the left.' And they called Rebekah, and said to her, 'Will you go with this man?' She said, 'I will.' So they sent away their sister Rebekah and her nurse along with Abraham's servant and his men. And they blessed Rebekah and said to her,

'May you, our sister, become  
thousands of myriads;

may your offspring gain possession  
of the gates of their foes.'

Then Rebekah and her maids rose up, mounted the camels, and followed the man; thus the servant took Rebekah, and went his way.

Now Isaac had come from Beer-lahai-roi, and was settled in the Negeb. Isaac went out in the evening to walk in the field; and looking up, he saw camels coming. And Rebekah looked up, and when she saw Isaac, she slipped quickly from the camel, and said to the servant, 'Who is the man over there, walking in the field to meet us?' The servant said, 'It is my master.' So she took her veil and covered herself. And the servant told Isaac all the things that he had done. Then Isaac brought her into his mother Sarah's tent. He took Rebekah, and she became his wife; and he loved her. So Isaac was comforted after his mother's death.

For the word of the Lord.

## Psalm 45 .10-17

Hear, O daughter, consider and incline your ear;  
**forget your people and your father's house,  
and the king will desire your beauty.**

Since he is your lord, bow to him;  
**the people of Tyre will seek your favour with gifts,  
the richest of the people with all kinds of wealth.**

The princess is decked in her chamber with gold-woven robes;

in many-coloured robes she is led to the king;  
**behind her the virgins, her companions, follow.**

With joy and gladness they are led along  
as they enter the palace of the king.

**In the place of ancestors you, O king, shall have  
sons;**

**you will make them princes in all the earth.**

I will cause your name to be celebrated in all generations;  
therefore the peoples will praise you for ever and ever.



## Romans 7, 14-25

For we know that the law is spiritual; but I am of the flesh, sold into slavery under sin. I do not understand my own actions. For I do not do what I want, but I do the very thing I hate. Now if I do what I do not want, I agree that the law is good. But in fact it is no longer I that do it, but sin that dwells within me. For I know that nothing good dwells within me, that is, in my flesh. I can will what is right, but I cannot do it. For I do not do the good I want, but the evil I do not want is what I do. Now if I do what I do not want, it is no longer I that do it, but sin that dwells within me.

So I find it to be a law that when I want to do what is good, evil lies close at hand. For I delight in the law of God in my inmost self, but I see in my members another law at war with the law of my mind, making me captive to the law of sin that dwells in my members. Wretched man that I am! Who will rescue me from this body of death? Thanks be to God through Jesus Christ our Lord!

So then, with my mind I am a slave to the law of God, but with my flesh I am a slave to the law of sin.

For the word of the Lord

## Gradual Hymn

I HEARD the voice of Jesus say,  
‘Come unto me and rest;  
lay down, thou weary one, lay down  
thy head upon my breast’:  
I came to Jesus as I was,  
weary and worn and sad;  
I found in him a resting-place,  
and he has made me glad.

I heard the voice of Jesus say,  
‘Behold, I freely give  
the living water, thirsty one;  
stoop down and drink and live’:  
I came to Jesus, and I drank  
of that life-giving stream;  
my thirst was quenched, my soul revived,  
and now I live in him.

I heard the voice of Jesus say,  
‘I am this dark world’s light;  
look unto me, thy morn shall rise,  
and all thy day be bright’:  
I looked to Jesus, and I found  
in him my star, my sun;  
and in that light of life I’ll walk  
till travelling days are done.

HORATIUS BONAR 1808–1889



## Gospel of Matthew 11.15-19, 25-30

Blessed are you, Father Lord of heaven and earth ;you have revealed to little ones the mysteries of the kingdom.

Let anyone with ears listen!

‘But to what will I compare this generation? It is like children sitting in the market-places and calling to one another,

“We played the flute for you, and you did not dance;  
we wailed, and you did not mourn.”

For John came neither eating nor drinking, and they say, “He has a demon”; the Son of Man came eating and drinking, and they say, “Look, a glutton and a drunkard, a friend of tax-collectors and sinners!” Yet wisdom is vindicated by her deeds.’

At that time Jesus said, ‘I thank you, Father, Lord of heaven and earth, because you have hidden these things from the wise and the intelligent and have revealed them to infants; yes, Father, for such was your gracious will. All things have been handed over to me by my Father; and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him.

‘Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.’

Glory to you lord Jesus Christ.

## Communion Hymn

PRAISE to the Holiest in the height,  
and in the depth be praise:  
in all his words most wonderful,  
most sure in all his ways.

- 2 O loving wisdom of our God!  
When all was sin and shame,  
a second Adam to the fight  
and to the rescue came.
- 3 O wisest love! that flesh and blood,  
which did in Adam fail,  
should strive afresh against the foe,  
should strive and should prevail;
- 4 And that a higher gift than grace  
should flesh and blood refine,  
God's presence and his very self,  
and essence all-divine.
- 7 Praise to the Holiest in the height,  
and in the depth be praise:  
in all his words most wonderful,  
most sure in all his ways.

JOHN HENRY NEWMAN 1801-1890

## Final Hymn

PRAISE to the Lord, the Almighty, the King of creation;  
O my soul, praise him, for he is thy health and salvation:  
    all ye who hear,  
    now to his temple draw near,  
    joining in glad adoration.

Praise to the Lord, who o'er all things so wondrously reigneth,  
shieldeth thee gently from harm, or when fainting sustaineth:  
    hast thou not seen  
    how thy heart's wishes have been  
    granted in what he ordaineth?

Praise to the Lord, who doth prosper thy work and defend thee;  
surely his goodness and mercy shall daily attend thee:  
    ponder anew  
    what the Almighty can do,  
    if to the end he befriend thee.

Praise to the Lord! O let all that is in me adore him!  
All that hath life and breath, come now with praises before him!  
    Let the Amen  
    sound from his people again:  
    gladly for aye we adore him!

JOACHIM NEANDER 1650-1680  
*tr.* CATHERINE WINKWORTH \* 1827-1878





## DIARY DATES



**MORNING TEA** after the 10am service in the Mary Thomas Room. Our Consultation will begin at 12 noon.

Christ Church West Goulburn : Anglicare walkathon 30th of July at 11am. BBQ Lunch and Devonshire tea provided. All donations gratefully received.

**At the time of choosing a new Dean**

Bountiful God ,

Give this parish a faithful Dean

who will faithfully speak your word

and minister your sacraments ;

an encourager who will equip you people for ministry

and enable us to fulfil our calling .

Give to those who choose ,wisdom, discernment and patience ,

and give to us warm generous hearts

for Jesus Christ's sake. Amen .

*St Saviour's Cathedral*  
*Children's Choir Information Day*  
*Thursday August 3<sup>rd</sup> 4pm*  
*Cathedral Hall*

Parents and carers with their children are invited to attend an information session on St Saviours Cathedral children's choir. The choir will be for children in year 3 to year 9.

Rehearsals would be each Thursday 4pm to 5pm during school term. Fee Free.



## PARISH CONSULTATIONS

In order to finalise the Cathedral Profile for any persons wishing to apply as candidates for the role of Dean, we are required to run consultation sessions to enable the parishioners of St Saviour's to have a say as to the kind of person they would like to have leading them in future years.

Bishop Mark has organized and spoken with the person who will run the consultation and dates have been agreed upon. There will be two consultations however each person attends one only. This will allow for those who cannot participate in the first to still have input at the second session. Each session will run for one hour.

Please make yourself available as it is important that all have a say in the questions asked.

**Consultation 1 will be held on Sunday 9 July from 12noon to 1pm.**

**Consultation 2 will be held the following Saturday 15 July  
10.30-11.30.**

### **Choir members**

All choir members belong to our parish and I would welcome your input. While you are resting over the month of July due to Deb's travels in Germany, please do come to one of the Consultations on the date that best suits you.

Canon Anne





## **CATHEDRAL FOOD PANTRY**

**FOR THOSE IN THE COMMUNITY IN NEED**

**The following items are needed**

**Weetbix ,Tinned Meals Eg steak and Sausage and vegetables ,Tinned Fish ,soup .**

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### **After Service Fellowship**

**1st Sunday 8am in the Mary Thomas Room**

**2nd Sunday 8am in the Mary Thomas Room**

**3rd Sunday 8am in the Mary Thomas Room**

**10am in the Mary Thomas Room**

**4th Sunday 8am in the Mary Thomas Room =**

**10am in the Mary Thomas Room**

**5th Sunday 8am Mary Thomas Room**



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### **Mothers Union**

**Our Next Meeting is Thursday 20th July**

**At 1.30pm in the Mary Thomas Room**

**Please note change of starting time.**

## From the Parish Treasurer

It is one of the responsibilities of the Treasurer to keep you mindful of ways of giving to the ministry of the Cathedral.

**ON-LINE GIVING** is our preferred method of receiving your contribution as it enables regular deposits into our account.

Those who have setup this method I thank you.

**OUR PARISH BANK DETAILS:**  
**NAME: St. Saviour's Cathedral Parish**  
**BSB: 032 721**  
**ACCOUNT: 280 248**  
**REFERENCE: 'Ministry'**



OTHER WAYS OF SUPPORTING THE CATHEDRAL

- **ENVELOPES**

For those who support our Cathedral via envelopes please continue placing them in the offertory plate. If you are unable to attend please phone me to arrange pickup of your envelopes (Home: 4822 8394)

- **TAP-GO**

Another option now available, situated inside the Cathedral.

Simply use ANY DEBIT CARD to donate to the Cathedral in **\$10 increments**.

I have noticed donations coming in to support our Parish and I thank you sincerely. Electronic giving is the best way to regularly deposit funds.

**With thanks,  
Pamela Shaw**

## **SOWERBY TRUST**

This Trust is vital to our Cathedral's continuing ministry Should you wish to contribute, please note:

BSB: 702389

ACCT: 05209886

Thank you.

Welcome  
To Our  
Church



Welcome

If you are a visitor to our service today or a new resident to Goulburn, **WELCOME !**

**We hope you are uplifted by the worship and enjoy your time with us .**

**Please make yourself known to our Clergy.**

### **Cathedral Mission Statement**

**As the mother church of the Canberra Goulburn Diocese and Cathedral of Goulburn**

**St Saviours is a haven for nurturing Christians and fostering new faith in Christ**

**In the love of Christ and the grace of the Holy Spirit the Cathedral community is committed to reinforcing the wisdom of the Anglican tradition and engaging with the ever changing world .**

**We Are Committed to :**

**Prayer and joyful worship**

**The ministry of hospitality**

**Serving the broader community**

**Supporting those from diverse backgrounds including those with special needs**

**Supporting Goulburn and the Diocese in good times and in times of adversity**

### **ABM reflection.**

Abraham, of course, is the one whom God has chosen and promised to bless, and God does bless him even through tough times. As we read in Romans Paul is sharing his personal struggle with sin and one that all Christians face. Part of our struggle is that we stand with one foot in this world and one foot in the Kingdom of God. 'Take my yoke upon you and learn from me, for I am gentle and lowly in heart and you will find rest for your souls'. Rest! • Pray that we burdened by many things learn to find rest for our souls. • Give thanks for the work and witness of the Church of Pakistan. Text: The Reverend Heather, Associate Priest, St Paul's Cathedral, Sale © Anglican Board of Mission, 202



### **Canon Anne Writes:**

Today we welcome Bishop John Stead to preach for us, accompanied by Jan . Many of you will know them well from earlier days in the C-G Diocese. We welcome too, Canon Carla Archer from the Bathurst Diocese who will lead our Consultations over the next week. I am grateful for the enormous amount of work she has put into the preparation for the sessions, approved by Bishop Mark.

For today and the following two Sundays the choir is resting due to many travelling. Fortunately we have the giftedness of both Phil Fraser as organist and Richard Orchard as Cantor to help us worship. The choir returns on 30th July.

The Goulburn Post ran an excellent article this week on NAIDOC Week—what does it mean and why does it matter? It said:

NAIDOC stands for National Aborigines and Islanders Day Observance Committee. It is an opportunity for all Australians to learn about and participate in celebrations of the oldest continuous living culture on earth. The theme for 2023 is 'For our Elders' and aims to recognize the role elders have to play in Indigenous communities and families. The Awards Ceremony recognizes the outstanding contributions that Indigenous Australians make to improve the lives of their people. The categories for winning an award are: national NAIDOC person, lifetime achievement, female elder, Male elder, sports person, youth, creative talent, caring for country and culture and culture, education and innovation.

This last week included a national poster competition for those aged 13 years and over to submit artwork to reflect the year's theme. NAIDOC Week finishes today.

## Safe Ministry Training Update

Since 2018 there have been substantial changes in the legislative landscape (such as the Child Safe Standards, and updates in both civil and criminal law) that have resulted in the course being updated. Therefore, as a matter of importance can I ask that all clergy and senior parish leaders (ie: Wardens and Parish Counsellors, etc) have attended a Level 3 Course either in person or through Zoom as soon as it practicable.

As Level 3 training about Implementation of Safe Ministry Policy and procedures at a Parish level we recommend that you attend together as a parish council and/or ministry team (either in person or via Zoom).

### Level 3 training (Video-Conference via Zoom)

**Session 1 (Zoom) - Tuesday 6 June 7pm-9pm - \$15**

**Session 2 (Zoom) - Wednesday 21 June 10am-12pm - \$15**

**Session 3 (Zoom) - Tuesday 11 July 6pm-8pm - \$15**

**Session 4 (Zoom) - Monday 24 July 1pm-3pm - \$15**

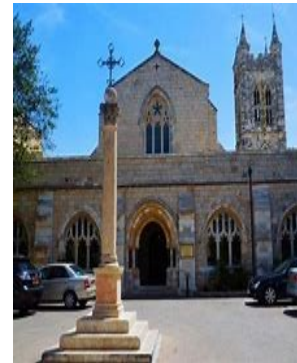
To book go to:

<https://safercommunities.net.au/anglican-diocese-of-canberra-goulburn-online-training/>

- 1. Once CSC receives your payment you will receive confirmation of payment via email.**
- 2. This email confirmation will contain the ZOOM link to share with those you have registered with (Please forward the confirmation email to them).**

## Our Cathedral Prayer

Almighty God whose hand has guided and sustained your Church through many generations, accept our prayers for this Cathedral church, bless all who serve within its walls and strengthen the hands of those who seek to ensure its future. Make it a constant witness to your glory and a place of peace and joy: for the sake of your Son our Saviour Amen



## A Prayer for St. George's Cathedral,

our sister church in Jerusalem Our God, as you nurture the Body of Christ in different places, we ask your blessing for our sister church, St. George's. In these difficult times, may your Spirit sustain, guide and protect your people there. Bring joy to them as they witness to your presence. In Jesus' name, Amen

## A Prayer for Ukraine

God of peace and justice, we pray for the people of Ukraine today. We pray for peace and the laying down of weapons. We pray for all those who fear for tomorrow, that your Spirit of comfort would draw near to them. We pray for those with power over war or peace, for wisdom, discernment and compassion to guide their decisions. Above all, we pray for all your precious children, at risk and in fear, that you would hold and protect them. We pray in the name of Jesus, the Prince of Peace, Amen .

*Archbishop Justin Welby/Archbishop Stephen Cottrell*



## Cathedral Office Hours

9.30am –12noon

(Mon,Tues,Thurs,Fri.....Closed  
Wednesday )

Office Contacts:

Phone 48212206

Email: [office@goulburncathedral.org.au](mailto:office@goulburncathedral.org.au)

Website :[www.goulburncathedral.org.au](http://www.goulburncathedral.org.au)

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## Cathedral Staff



**LOCUM DEAN**

**The Rev'd Canon Anne Wentzel**

**Mobile 0429 680 010**

**Other Clergy :contact through the office**

**Rev'd Canon Kevin Stone –4th Sunday**

**Rev'd Canon Roberta Hamilton –3rd Sunday**

**Cathedral Wardens**

**Leigh Bottrell (*Bishop's Warden*):48224946**

**Pamela Shaw 48228394**

**Stephen Relf : 0401977432**

**CATHEDRAL COUNCILLORS :Jenny Lacey, Richard Orchard,  
Peter Oglivie, Darren Churchill**

**Director of Music :Debra McConnell**

**Organists for June: Phil Fraser, Brett McKern.**

**Editor of Pew Sheet Vanessa Kemp**