



The Cathedral Church of St Saviour's, Goulburn
Mother Church for
The Anglican Diocese of Canberra & Goulburn



28th of January fourth Sunday after Epiphany

Preacher: 8am and 10am : Acting Dean Canon Anne Wentzel

Presider: 8am and 10am : Acting Dean Canon Anne Wentzel

Readings

Deuteronomy 18.15-20

Psalm 111

1 Corinthians 8.1-13

Mark 1.21-28



WEEKDAY EUCHARISTS
Monday & Thursday 9.30am
in the Lady Chapel



SENTENCE

Jesus went about all the cities and the villages, teaching in their synagogues and proclaiming the good news of the kingdom, and curing every disease and every sickness

COLLECT

God our creator, who in the beginning commanded the light to shine out of darkness: we pray that the light of the glorious Christ may dispel the darkness of ignorance and unbelief, shine into our hearts of all your people, and reveal the knowledge of your glory in the face of Jesus Christ our Lord. Amen

We acknowledge the Traditional Owners as the custodians of this land, recognising their connection to land, waters and community. We pay our respects to Australia's First Peoples, and to their Elders, past present and emerging.

Introit Hymn

1 LONG ago, prophets knew
Christ would come, born a Jew.
Come to make all things new;
Bear his People's burden,
Freely love and pardon.

Refrain:

Ring, bells, ring, ring, ring!
Sing, choirs, sing, sing, sing!
When he comes,
When he comes,
Who will make him welcome?

2 God in time, God in man,
This is God's timeless plan:
He will come, as a man,
Born himself of woman,
God divinely human. [Refrain]

3 Mary, hail! Though afraid,
She believed, she obeyed.
In her womb God is laid;
Till the time expected
Nurtured and protected. [Refrain]

4 Journey ends! Where afar
Bethlem shines, like a star,
Stable door stands ajar.
Unborn Son of Mary,
Saviour, do not tarry!

Refrain:

Ring, bells, ring, ring, ring!
sing, choirs, sing, sing, sing!
Jesus comes!
Jesus comes!
We will make him welcome!

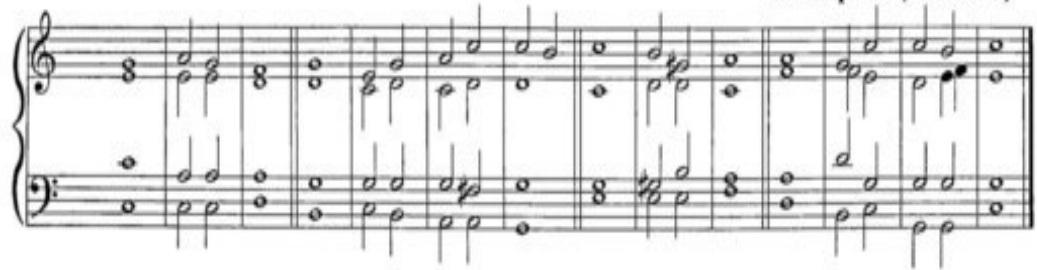
Deuteronomy 18.15-20

The Lord your God will raise up for you a prophet like me from among your own people; you shall heed such a prophet. This is what you requested of the Lord your God at Horeb on the day of the assembly when you said: 'If I hear the voice of the Lord my God any more, or ever again see this great fire, I will die.' Then the Lord replied to me: 'They are right in what they have said. I will raise up for them a prophet like you from among their own people; I will put my words in the mouth of the prophet, who shall speak to them everything that I command. Anyone who does not heed the words that the prophet shall speak in my name, I myself will hold accountable. But any prophet who speaks in the name of other gods, or who presumes to speak in my name a word that I have not commanded the prophet to speak—that prophet shall die.'

For the Word of the Lord

Psalm 111

E J Hopkins (1818-1901)



- 1 O praise the Lord.* I will praise the Lord with my | whole | heart:
in the company of the upright and a-mong the | congre-gation.
- 2 The works of the | Lord are | great:
and studied by | all who | take de-light in them.
- 3 His deeds are ma-jestic · and | glori-ous:
and his | righteous-ness | stands for | ever.
- 4 His marvellous acts have won him a | name to · be re-membered:
the | Lord is | gracious · and | merciful.
- 5 He gives food to | those that | fear him:
he re-mem-bers · his | covenant · for | ever.
- 6 He showed his people the | power of · his | acts:
in giving them the | heri-tage | of the | heathen.
- 7 The works of his hands are | faithful · and | just:
and | all his · com-mandments · are | sure;
- 8 They stand firm for | ever · and | ever:
they are done in | faith-ful-ness | and in | truth.
- 9 He sent redemption to his people,
he ordained his | covenant · for | ever:
holy is his name and | worthy | to be | feared.
- 10 The fear of the Lord is the beginning of wisdom,
and of good understanding
are those that | keep his · com-mandments:
his | praise shall · en-dure for | ever.

1Corinthians 8.1-13

Now concerning food sacrificed to idols: we know that 'all of us possess knowledge.' Knowledge puffs up, but love builds up. Anyone who claims to know something does not yet have the necessary knowledge; but anyone who loves God is known by him.

Hence, as to the eating of food offered to idols, we know that 'no idol in the world really exists', and that 'there is no God but one.' Indeed, even though there may be so-called gods in heaven or on earth—as in fact there are many gods and many lords—yet for us there is one God, the Father, from whom are all things and for whom we exist, and one Lord, Jesus Christ, through whom are all things and through whom we exist.

It is not everyone, however, who has this knowledge. Since some have become so accustomed to idols until now, they still think of the food they eat as food offered to an idol; and their conscience, being weak, is defiled. 'Food will not bring us close to God.' We are no worse off if we do not eat, and no better off if we do. But take care that this liberty of yours does not somehow become a stumbling-block to the weak. For if others see you, who possess knowledge, eating in the temple of an idol, might they not, since their conscience is weak, be encouraged to the point of eating food sacrificed to idols? So by your knowledge those weak believers for whom Christ died are destroyed. But when you thus sin against members of your family, and wound their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of their falling, I will never eat meat, so that I may not cause one of them to fall.

For the word of the Lord

Gradual Hymn

Will you let me be your servant
Let me be as Christ to you
Pray that I might have the grace
To let you be my servant too

We are pilgrims on the journey
We are travellers on the road
We are here to help each other
Walk the mile and bear the load

I will hold the Christ light for you
In the night time of your fear
I will hold my hand out to you
Speak the the peace you long to hear.

I will weep when you are weeping
When you laugh, I'll laugh with you
I will share your joy and sorrow
Till we've seen this journey through

Will you let me be your servant
Let me be as Christ to you
Pray that I might have the grace
to let you be my servant too ?

Mark 1.21-28

They went to Capernaum; and when the sabbath came, he entered the synagogue and taught. They were astounded at his teaching, for he taught them as one having authority, and not as the scribes. Just then there was in their synagogue a man with an unclean spirit, and he cried out, 'What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God.' But Jesus rebuked him, saying, 'Be silent, and come out of him!' And the unclean spirit, throwing him into convulsions and crying with a loud voice, came out of him. They were all amazed, and they kept on asking one another, 'What is this? A new teaching—with authority! He commands even the unclean spirits, and they obey him.' At once his fame began to spread throughout the surrounding region of Galilee

Glory to you Lord Jesus Christ .

Communion Hymn

1 Rejoice, the Lord is King;
your Lord and King adore;
let all give thanks and sing,
and triumph evermore;

Refrain:

Lift up your heart, lift up your voice.
Rejoice, again I say, rejoice!

2 Jesus the Saviour reigns,
the God of truth and love;
when he had purged our stains,
he took his seat above: [Refrain]

3 His kingdom cannot fail,
he rules o'er earth and heaven;
the keys of death and hell
are to our Jesus given: [Refrain]

4 He sits at God's right hand,
till all his foes submit,
and bow to his command,
and fall beneath his feet: [Refrain]

5 Rejoice in glorious hope;
Jesus the judge shall come,
and take his servants up
to their eternal home:
We soon shall hear the archangel's voice;
the trump of God shall sound, Rejoice!

Final Hymn

1 King of glory, King of peace,
I will love thee;
and, that love may never cease,
I will move thee.
Thou hast granted my request,
thou hast heard me;
thou didst note my working breast,
thou hast spared me.

2 Wherefore with my utmost art
I will sing thee,
and the cream of all my heart
I will bring thee.
Though my sins against me cried,
thou didst clear me;
and alone, when they replied,
thou didst hear me.

3 Seven whole days, not one in seven,
I will praise thee;
in my heart, though not in heaven,
I can raise thee.
Small it is, in this poor sort
to enroll thee:
ev'n eternity's too short
to extol thee.

2024 Diary Dates

Next Saturday the 3rd First Market for the year

Warden meeting 12 noon Monday 29th of January, 19th Feb ,

Save the dates future wardens Meetings :11th March, 8th April, 13th May, 10 June, 15th July , 12th August , 9th September , 14th October , 18th November.

Parish Council meeting :changes due to one member to full time work ,,we will revert to former times 7.30pm on Tuesday evening .The first meeting will be 27th of February, 19th of March , 23rd April 21st May

Lenten Study: through Sundays in lent :Lent 1:18th February, Lent 2 25th February ,Lent 3 3rd of March, Lent 4 10th of March ,

Lent 5 17th march at 11.30am in the Mary Chapel.

Ash Wednesday 14th February 8am and 5pm

Tuesday 13th February Pancake day; prep for Lenten fasting Monday the 12th February at 12noon you are invited to a crepe lunch in the kitchen of the Mary Thomas Room. PC Members and Servers will assist (we hope)

At the time of choosing a new Dean

Bountiful God ,

Give this parish a faithful Dean

who will faithfully speak your word

and minister your sacraments ;

an encourager who will equip you people for ministry

and enable us to fulfil our calling .

Give to those who choose ,wisdom, discernment and patience ,

and give to us warm generous hearts

St Saviour's Cathedral Children's Choir

Return for 2024

Rehearsals Thursdays 4-5pm

Commencing Thursday, February 1st

Contact Deb Mc Connell 0458221339



St Saviour's Cathedral Choir

Rehearsals Mondays 7:30pm

Contact Deb Mc Connell 04582213



CATHEDRAL FOOD PANTRY

FOR THOSE IN THE COMMUNITY IN Need

The following items are needed

**Urgently Required: UHT Milk , pasta
sauce ,baked beans ,canned spa-
ghetti ,beef casseroles, tinned fish , Weetbix ,Casseroles**



After Service Fellowship

Every Sunday in the Mary Thomas
room .Come and join us.



**Mothers Union Thursday the 8th of February
at 1.30pm**

Save the dates for Mothers Union-
Feb8th, March14th, April 11 th , May 9th, June 15th, July
11th August 8th, september
12th, October10th , November14th

Presentation of Christ in the Temple

Malachi 3.1-4

Psalm 24

Hebrews 2. 14-18

Luke 2.22-40

Our Parish Bank Details

Name: St Saviour's Cathedral Parish

BSB : 032 721

Account : 280 248

Reference : Ministry

Envelopes : Place them in the offertory plate. If you are unable to attend please phone me to arrange pick up of your envelopes.

For collection phone : 4822 8394

Tap –Go : In the Cathedral any debit card to donate to the Cathedral in \$10 increments.

Please note donations to everyday expenses and Sowerby Trust are not tax deductible

SOWERBY TRUST

This Trust is vital to our Cathedral's continuing ministry should you wish to contribute, please note:

BSB: 702389

ACCT: 05209886

Thank you.



Welcome

If you are a visitor to our service today or a new resident to Goulburn, **WELCOME !**

We hope you are uplifted by the worship and enjoy your time with us .

Please make yourself known to our Clergy.

Cathedral Mission Statement

As the mother church of the Canberra Goulburn Diocese and Cathedral of Goulburn

St Saviours is a haven for nurturing Christians and fostering new faith in Christ

In the love of Christ and the grace of the Holy Spirit the Cathedral community is committed to reinforcing the wisdom of the Anglican tradition and engaging with the ever changing world .

We Are Committed to :

Prayer and joyful worship

The ministry of hospitality

Serving the broader community

Supporting those from diverse backgrounds including those with special needs

Supporting Goulburn and the Diocese in good times and in times of adversity

ABM Reflection: Ordinary Sunday 4 B [Epiphany 4] – Sunday 28 January 2024 • Deuteronomy 18.15-20; Psalm 111; 1 Corinthians 8.1-13; Mark 1.21-28 As we follow Jesus, we go with him to the synagogue to hear his teaching as he reveals wisdom and authority. We see Jesus answer cries to be made whole as unclean spirits depart obeying the Holy One of God. We walk with Jesus and continue to grow in knowledge that we may speak the words of God. • God, your works are great and glorious, raise me up to proclaim your name. • Give thanks for the work and witness of the Episcopal Church in South Sudan. Text: Fr Matthew Smedley, Diocese of Perth © Anglican Board

SPEND THE AFTERNOON WITH CATH

FOURTH THURSDAY EVERY MONTH, 1.30 PM—3.00 PM,
MARY THOMAS ROOM, ST SAVIOUR'S

CRAFT AT THE CATHEDRAL



Social Afternoon, tea, coffee and tim-tams



Bring your craft



Learn another craft

Share your craft

29th February at
1.30pm-3pm

Informal afternoon gathering where you can
relax, catch up with others, continue with your own craft,
share ideas and be inspired

As time goes by, we may make themed craft together (eg Christmas) but for
now, it is just an opportunity to meet like-minded people and share time and
craft together.

Want to know more? Email Margaret Emil
margaret.at.stsaviours@gmail.com



Canon Anne writes

On Sunday 14th January we celebrated the 150th Anniversary of the Laying of the early Foundation Stone of the present cathedral. Yes we were a day early so that as many people as possible could be present. Originally Bishop Mesac Thomas held a service on the 15th of January 1874. Our Ceremony began with a procession from the hall to the northeast corner where the largest unmarked stone at ground level stands. There with Bishop Mark, our Federal Member Angus Taylor, Friends of the Cathedral, and the Anglican Historical Society, we prayed and sang to the glory of God, with that marvelous hymn. The Church's foundation is Jesus Christ the Lord. Christopher O' Mahoney delighted us with the tinkling of handbells before the Bell Ringers from Sydney and interstate rang a new bell peal through the afternoon aptly named "The Mesac Surprise Major".

It's good to welcome the Choir today and thank you to Phil Fraser and Brett Mc Kern throughout January and the Choir members who assisted from the congregation and Richard Orchard who sang the Psalms

Lent is early this year beginning Ash Wednesday 14th February Services will be at 8am and 5pm. We will rediscover our Lenten discipline using the Study the "Living in Harmony" and each Sunday in the Mary Chapel after Morning Tea. The first session will be an hour's length. The first Session is on the 18th of February. Booklets \$10 each, cash placed in an envelope with your name on it and directed to Canon Anne who has purchased 10 Booklets in advance.

Canon Anne writes Continued

On the 24th of February ,the Ordination of Deacons will take place at the Cathedral at 11am. Please pray for the candidates as they pray prepare and immerse themselves in a 3 day retreat before Com-mitting themselves to the Ordination Vows at the Diocesan Service. The Candidates are Anna Krebs,Andrew Lubbock,Bilkis Malek,Luke Midenas,Sasch Peard,Andrew Shiells and Nathanael Thiery .

Every Blessing Anne

Our Cathedral Prayer

Almighty God whose hand has guided and sustained your Church through many generations, accept our prayers for this Cathedral church, bless all who serve within its walls and strengthen the hands of those who seek to ensure its future. Make it a constant witness to your glory and a place of peace and joy: for the sake of your Son our Saviour Amen

A Prayer for St. George's Cathedral,

our sister church in Jerusalem Our God, as you nurture the Body of Christ in different places, we ask your blessing for our sister church, St. George's. In these difficult times, may your Spirit sustain, guide and protect your people there. Bring joy to them as they witness to your presence. In Jesus' name, Amen

A Prayer for Ukraine

God of peace and justice, we pray for the people of Ukraine today. We pray for peace and the laying down of weapons. We pray for all those who fear for tomorrow, that your Spirit of comfort would draw near to them. We pray for those with power over war or peace, for wisdom, discernment and compassion to guide their decisions. Above all, we pray for all your precious children, at risk and in fear, that you would hold and protect them. We pray in the name of Jesus, the Prince of Peace, Amen . *Archbishop Justin Welby/Archbishop Stephen Cottrell*



Call to Prayer for Israel and Hamas Conflict

As the Israeli-Hamas war continues, the Patriarchs and Heads of Churches in Jerusalem, have issued a call for a global day of prayer and fasting on I've forwarded the call to prayer below for your information, in case you have not received it. In the midst of your busy lives, please join our brothers and sisters across the Anglican Communion when you have an extra moment to pray. While you're praying, please also remember Afghanistan, which has now been affected by four earthquakes each in excess of 6.0. Thousands are dead, thousands more injured, so many whose families have been lost, and countless homes destroyed. Please pray for believers to be a blessing in this time, and that the nation receives aid and hope for the future. As the eyes of the world are focused on conflicts elsewhere, little aid is being offered..

Cathedral Office Hours

9.30am –12noon

(Mon,Tues,Thurs,Fri.....Closed WED)

Office Contacts: Phone 48212206

Email: office@goulburncathedral.org.au

Website :www.goulburncathedral.org.au



LOCUM DEAN

The Rev'd Canon Anne Wentzel

Mobile 0429 680 010

Other Clergy :contact through the office



Cathedral Staff

Rev'd Canon Margaret Emil, Hon. Asst Priest

Rev'd Canon Kevin Stone –4th Sunday (on Leave)

Cathedral Wardens:

Bruce Harvey (Dean's Warden)

Leigh Bottrell (Bishop's Warden):48224946

Pamela Shaw 48228394

Stephen Relf : 0401977432

CATHEDRAL COUNCILLORS :Jenny Lacey, Richard Orchard,

Darren Churchill, Peter Ogilvie.

Director of Music :Debra McConnell

Organists for Febuary : Phil Fraser and Brett Mc kern

Editor of Pew Sheet Vanessa Kemp